

Rossford Jr-Sr High

BREAKFAST

Breakfast includes: Fresh or Cupped Fruit, Juice, Milk and one of the entrees below. Breakfast is a Grab n' Go

Monday

French Toast

Tuesday

Dutch Waffle

Wednesday

Pancake Wraps

Thursday

Breakfast Pizza

Friday

Surprise Breakfast

Other breakfast entrée choices available daily include, Pop-tarts, Donuts, Muffins, Cereal, Banana Bread, Chocolate Bread, Cinni Minis or a PB&J.

Breakfast Meal

Student Free
Reduced Free
Free for all students.

Daily Fruit Choices

The following fruit choices are ½ Cup servings. JHS students may choose one and HS students may choose two.

Apple
Banana
Grapes
Oranges
Applesauce Cup
Juice Cup
Peach Cup
Pear Cup
Pineapple Cup

FYI

Adult Meal price is \$4.15 and includes Water or Milk

Free and reduced applications are available on-line at the Food Service Website. You may also apply on-line at www.lunchapplication.com

You can reach Food service at: 419-661-2832

April 2021

Bulldog Cafe

Daily Entrée Choices:

Chicken Patty Sandwich
Spicy Chicken Sandwich
Hamburger
Cheeseburger
PB&J Sandwich
Ham & Cheese Sandwich

Weekly Specials:

Apr 5-9 Ravioli w/Cornbread Muffin
Apr 12-16 Corn Dog Nuggets
Apr 19-23 Pulled Pork Sandwich
Apr 26-30 Chicken Tenders w/Dinner Roll

Snack Shack

Daily Entrées Include:

Ham & Cheese or PB&J

April 5-9

Deli Sandwich, Garden Salad & Grapes

April 12-16

Buffalo Chicken Wrap, Carrots with Hummus & Apple

April 19-23

Italian Sub, Broccoli with Ranch & Pineapple Cup

April 26-30

Crispy Chicken Salad, Dinner Roll & Applesauce Cup

APRIL 1st & APRIL 2nd - NO SCHOOL/SPRING BREAK

Lunch Meal

JH Student Free
HS Student Free
Reduced Free
Free for all Students

Daily Vegetable Choices

The following vegetable choices are ½ Cup Servings. Students may choose two.

Salad with Dressing
Cucumber Slices
Broccoli with Ranch
Cauliflower with Ranch
Hummus Cup
Salsa Cup
Carrot Sticks
Celery Sticks
Baked Potato with Butter and Sour Cream

Ala-Carte

These ala-carte items are available at the Snack Shack

Milk	\$.50
Bottled Water Small	\$.50
Bottled Water Large	\$1.00
Bottled Juice	\$1.25
Switch	\$1.00
Arizona Cans	\$.75
Fruit 2 O	\$1.00
Gatorade	\$1.00
Sparkling Ice	\$1.25
Chips	\$.60
Fruit Snacks	\$.60
Rice Krispie Treat	\$.75
Brownie	\$.50

Food Service News

Beginning October 1, 2020 all students will eat breakfast and lunch for free.

This institution is an equal opportunity provider.