

# Rossford Jr-Sr High

## BREAKFAST

*Breakfast includes: Fresh or Cupped Fruit, Juice, Milk and one of the entrees below. Breakfast is a Grab n' Go*

### Monday

French Toast

### Tuesday

Dutch Waffle

### Wednesday

Pancake Wraps

### Thursday

Breakfast Pizza

### Friday

Surprise Breakfast

Other breakfast entrée choices available daily include, Pop-tarts, Donuts, Muffins, Cereal, Banana Bread, Chocolate Bread, Cinni Minis or a PB&J.

### Breakfast Meal

Student Free  
Reduced Free  
Free for all students.

### Daily Fruit Choices

*The following fruit choices are 1/2 Cup servings. JHS students may choose one and HS students may choose two.*

Apple  
Banana  
Grapes  
Oranges  
Applesauce Cup  
Juice Cup  
Peach Cup  
Pear Cup  
Pineapple Cup

## May 2021

### Bulldog Cafe

#### Daily Entrée Choices:

Chicken Patty Sandwich  
Spicy Chicken Sandwich  
Hamburger  
Cheeseburger  
PB&J Sandwich  
Ham & Cheese Sandwich

#### Weekly Specials:

May 3-7 CALZONES  
May 10-13 GRILLED CHICKEN SANDWICH  
May 17-21 BULLDOG BURGER  
May 24-27 COOK'S CHOICE

### Lunch Meal

JH Student Free  
HS Student Free  
Reduced Free  
Free for all Students

### Daily Vegetable Choices

*The following vegetable choices are 1/2 Cup Servings. Students may choose two.*

Salad with Dressing  
Cucumber Slices  
Broccoli with Ranch  
Cauliflower with Ranch  
Hummus Cup  
Salsa Cup  
Carrot Sticks  
Celery Sticks  
Baked Potato w/ Butter and Sour Cream

## Snack Shack

#### Daily Entrées Include:

Ham & Cheese or PB&J  
A VARIETY OF FRUIT & VEGETABLES  
OFFERED DAILY

#### May 3-7

Bagel w/cream cheese, Yogurt, String Cheese, Garden Salad & Grapes

#### May 10-13

BBQ Chicken Wrap, Carrots with Hummus & Apple

#### May 17-21

Turkey Bacon Club Croissant, Broccoli with Ranch & Pineapple Cup

#### May 24-27

CLOSED UNTIL NEXT YEAR

MAY 14TH - NO SCHOOL/TEACHER IN-SERVICE

MAY 27TH LAST DAY OF SCHOOL

### Ala-Carte

These ala-carte items are available at the Snack Shack

Milk	\$ .50
Bottled Water Small	\$ .50
Bottled Water Large	\$1.00
Bottled Juice	\$1.25
Switch	\$1.00
Arizona Cans	\$ .75
Fruit 2 O	\$1.00
Gatorade	\$1.00
Sparkling Ice	\$1.25
Chips	\$ .60
Fruit Snacks	\$ .60
Rice Krispie Treat	\$ .75
Brownie	\$ .50

### FYI

**AS OF MAY 3, 2021 THERE WILL BE NO CHARGING ALLOWED IN THE CAFETERIA. PLEASE PAY ANY OUTSTANDING BALANCES AS SOON AS POSSIBLE.**

Adult Meal price is \$4.15 and includes Water or Milk

Free and reduced applications are available on-line at the Food Service Website. You may also apply on-line at [www.lunchapplication.com](http://www.lunchapplication.com)

You can reach Food Service at: 419-661-2832

### Food Service News

Beginning October 1, 2020 all students will eat breakfast and lunch for free.

*This institution is an equal opportunity provider.*