2026 Rossford Elementary School Running Club

Student Name _____ Grade _____ Teacher _____

I give my child permission to attend Running Club after school each **Wednesday from September 9 through Wednesday, October 21, 2026. This is a revised schedule from the original day of Thursday previously sent. *Thursdays were a conflict with choir*.**

I will **promptly** pick my child up at **4:30pm** from the track (behind RES). In the event of inclement weather Running Club may be moved to the RES gym or The R depending on availability. (We understand that a 4:30pm pick-up time may be tough for some. *If you cannot have a ride for your student, then unfortunately they will not be able to participate*). ***In the event of an emergency, students will be in the RES Office after 4:35.*** ***Cell phones need to be kept in backpacks until Running Club concludes.

Phone number that I can be reached at while my child is at Running Club

_____

Name of parent or guardian that will usually be picking my child up

_____

_____ _____

Parent Print Name Parent Signature

Hello Families,

As we head into fall, we are excited to offer Running Club to our students! We will be utilizing the track again this year, encouraging students to gradually increase the number of laps they can complete each week. Students will not be required to keep track of their laps for us, but they are welcome to keep a personal record if they would like.

Who: Any student in grades 4 or 5

What: Running for fun and to increase stamina.

When: Every Wednesday from September 9 through October 21, immediately after school until **4:30 p.m.**, rain or shine. Please dress appropriately for the weather, wear or bring tennis shoes, and bring a water bottle. If it rains, we will run inside the R Athletic Complex or the Elementary gym. *In extreme weather, notifications will be sent if running club must be canceled.* ***Please no cell phone use.***

Running Club Dates:

September 9	**September 16**	**September 23**	**September 30**
October 7	**October 14**	**October 21**	

Where: Rossford Track (behind the elementary) Mr. Somers and Ms. Price will walk the group out to the track once we take attendance. Please turn in permission slips by **Friday September 4**.

If you have questions or concerns, please contact us via email, through MyPowerHub Messaging, or by phone.

Mr. Somers	Ms. Price
esomers@rossfordschools.org	cprice@rossfordschools.org
(419) 666-8130 ext.3132	(419) 666-8130 ext.3212

Running Club Expectations

Be kind and respectful to all participants, coaches and spaces. Participants must have good behavior at all times. Behavior that puts self or others at risk will result in loss of participation for the remainder of Running Club.

Be moving at all times. You don't have to be running at all times, but you need to be focused on getting physical activity. If you are messing around and not taking it seriously, or distracting others, you may be asked to consider whether Running Club is for you.

Bring or wear tennis shoes. Bring a water bottle. No cell phones.

*** Please keep this page at home for your reference. Please return 2nd page Only***